



Fall 2009

Dear Health Partners Provider:

Our Quality Management Committee, at the November meeting, approved the adoption of guidelines that were developed from evidence-based medicine and/or appropriate national recognized sources. These guidelines were chosen due to their relevance to our membership. They offer a means to help all our practitioners and members make decisions about appropriate health care for specific clinical conditions as well as provide the basis for our disease management programs.

Though these guidelines are not new to Health Partners or to you as a healthcare provider, the format that Health Partners is using to communicate them has changed. Health Partners will be posting links to the approved guidelines on our website, providing you with direct access. This will allow you to conveniently view up-to-date guidelines online and print any that you may need. Health Partners will also mail you any guidelines you need, on request, by calling our Provider Services Helpline at 888-991-9023 or 215-991-4350.

**Please visit our website at [www.healthpart.com](http://www.healthpart.com) for access to the Guidelines as well as other important Health Partners information.** Below is a sample of how the guidelines will appear on our website:

<b>Condition</b>	<b>Reference</b>	<b>Clinical Evidence</b>
<a href="#">Asthma</a>	National Heart, Lung and Blood Institute	Expert Panel Report 3 (EPR3): Guidelines for the Diagnosis and Management of Asthma (August 2007)

Health Partners measures adherence to guidelines through the HEDIS audit and Provider Profiling.

If you have any questions or concerns related to the guidelines, please feel free to contact me at 215-991-4202. Thank you for your ongoing support of Health Partners' mission to continually improve the health outcomes of our members.

Sincerely,

A handwritten signature in black ink that reads 'Merleen Harris-Williams, MD'. The signature is written in a cursive style.

Merleen Harris-Williams, MD  
Medical Director, Quality Management

QM-095



## 2009-2010 Guidelines

Condition	Clinical Evidence	Reference	Site (URL)	Initial Date Adopted	Approval Date/QMC
<b>Adult Well Care</b>	Preventive Services for Adults (October 2009)	Institute for Clinical Systems Improvement	<a href="http://www.icsi.org/preventive_services_for_adults/preventive_services_for_adults_4.html">http://www.icsi.org/preventive_services_for_adults/preventive_services_for_adults_4.html</a>	2001	11/2002 10/2003 11/2004 12/2005 11/2006 11/2007 1/2008 11/4/2009
<b>Asthma</b>	Expert Panel Report 3 (EPR3): Guidelines for the Diagnosis and Management of Asthma (August 2007)	National Heart, Lung and Blood Institute	<a href="http://www.nhlbi.nih.gov/guidelines/asthma/asthgdln.htm">http://www.nhlbi.nih.gov/guidelines/asthma/asthgdln.htm</a>	2001	11/2002 10/2003 11/2004 12/2005 11/2006 12/2008 11/2009
<b>Child and Adolescent Well Care</b>	Preventive Services for Children and Adolescents (October 2009)  EPSDT Periodicity Schedule and Coding Matrix (effective September 2008)	Institute for Clinical Systems Improvement  Pennsylvania's Early and Periodic Screening, Diagnosis and Treatment (EPSDT) Program	<a href="http://www.icsi.org/preventive_services_for_children_guideline/preventive_services_for_children_and_adolescents_2531.html">http://www.icsi.org/preventive_services_for_children_guideline/preventive_services_for_children_and_adolescents_2531.html</a>  <a href="http://www.dpw.state.pa.us/PubsFormsReports/NewslettersBulletins/003673169.aspx?AttachmentId=4391">http://www.dpw.state.pa.us/PubsFormsReports/NewslettersBulletins/003673169.aspx?AttachmentId=4391</a>	2001	11/2002 10/2003 11/2004 12/2005 11/2006 5/2007 11/2008 11/4/2009
<b>Diabetes</b>	Standards of Medical Care in Diabetes (2009)	American Diabetes Association	<a href="http://care.diabetesjournals.org/content/32/Supplement_1/S13.full.pdf">http://care.diabetesjournals.org/content/32/Supplement_1/S13.full.pdf</a>	2001	11/2002 10/2003 11/2004 12/2005 11/2006 5/2007 12/2008 11/4/2009

<b>Heart Failure</b>	2009 Focused Update Incorporated into the ACC/AHA 2005 Guidelines for the Diagnosis and Management of Heart Failure in Adults	American College of Cardiology/ American Heart Association	<a href="http://circ.ahajournals.org/cgi/reprint/CIRCULATIONAHA.109.192065">http://circ.ahajournals.org/cgi/reprint/CIRCULATIONAHA.109.192065</a>	2001	11/2002 10/2003 11/2004 12/2005 11/2006 12/2008 11/4/2009
<b>HIV</b>	HIV Guidelines <b>Medical Assistance Adult HIV Clinical Practice Guideline</b>	National Institutes of Health; Pennsylvania Department of Health	<a href="http://aidsinfo.nih.gov/">http://aidsinfo.nih.gov/</a>  <a href="http://www.dpw.state.pa.us/PartnersProviders/MedicalAssistance/HandbooksGuidesFormManuals/HCAAdultHIV/default.htm">http://www.dpw.state.pa.us/PartnersProviders/MedicalAssistance/HandbooksGuidesFormManuals/HCAAdultHIV/default.htm</a>	2003-2004 updated January 2008	11/2006 12/2007 11/4/2009
<b>Hypertension</b>	The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation and Treatment of High Blood Pressure (August 2004)  Heart Failure in Adults (August 2007)	National Institutes of Health  Institute for Clinical Systems Improvement	<a href="http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.pdf">http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.pdf</a>  <a href="http://www.icsi.org/guidelines_and_more/gloss_prot/cardiovascular/heart_failure_2/heart_failure_in_adults_guideline.html">http://www.icsi.org/guidelines_and_more/gloss_prot/cardiovascular/heart_failure_2/heart_failure_in_adults_guideline.html</a>	2001	11/2002 7/2003 11/2004 12/2005 11/2006 12/2008 11/4/2009
<b>Prenatal Care</b>	Routine Prenatal Care (August 2009)	Institute for Clinical Systems Improvement	<a href="http://www.icsi.org/prenatal_care_4/prenatal_care_routine_full_version_2.html">http://www.icsi.org/prenatal_care_4/prenatal_care_routine_full_version_2.html</a>	2001	11/2002 10/2003 11/2004 12/2005 11/2006 11/2007 1/2008 11/4/2009
<b>Sexually Transmitted Diseases</b>	STD Treatment Guidelines (2006)	Centers for Disease Control	<a href="http://www.cdc.gov/std/treatment/">http://www.cdc.gov/std/treatment/</a>	2001	11/2002 10/2003 11/2004 12/2005 11/2006 5/2007 11/4/2009